

Name of Course							
SIS30315 Certificate III in Fitness (Domestic)							
Delivery location							
Sydney, Melbourne, Brisbane							
Delivery mode							
On Campus Day, On Campus Weekend							
Intakes							
11 intakes per year (pending course viability, campus and mode of delivery)							
Effective							
Effective 1 st February 2020 to 31 st December 2020							
Unit of Study	Unit of Study Code	EFTSL	Comm Date	Census Date	Comp Date	Tuition Fee	RPL VET
Trimester 1							
Anatomy and Physiology for Fitness SISFFIT004 Incorporate anatomy and physiology principles into fitness programming (\$348.75)	AFP310	0.041	18/01/2020	25/01/2020	17/04/2020	\$348.75	\$174.38
			3/02/2020	10/02/2020	3/05/2020		
			14/03/2020	21/03/2020	12/06/2020		
			6/04/2020	13/04/2020	5/07/2020		
			30/05/2020	6/06/2020	28/08/2020		
			9/06/2020	16/06/2020	6/09/2020		
			18/07/2020	25/07/2020	16/10/2020		
			3/08/2020	19/09/2020	1/11/2020		
			19/09/2020	26/10/2020	18/11/2020		
			5/10/2020	12/10/2020	3/01/2021		
16/11/2020	23/11/2020	14/02/2021					
Healthy Eating Guidelines SISFFIT005 Provide healthy eating information (\$348.75) HLTAID003 –Provide first aid* *Additional cost.	HEG311	0.041	18/01/2020	25/01/2020	17/04/2020	\$348.75	\$174.38
			3/02/2020	10/02/2020	3/05/2020		
			14/03/2020	21/03/2020	12/06/2020		
			6/04/2020	13/04/2020	5/07/2020		
			30/05/2020	6/06/2020	28/08/2020		
			9/06/2020	16/06/2020	6/09/2020		
			18/07/2020	25/07/2020	16/10/2020		
			3/08/2020	19/09/2020	1/11/2020		
			19/09/2020	26/10/2020	18/11/2020		
			5/10/2020	12/10/2020	3/01/2021		

			16/11/2020	23/11/2020	14/02/2021		
Fitness Screening & WHS SISFFIT001 Provide health and fitness orientation (\$54.50) SISFFIT006 Conduct fitness appraisals (\$108.60) SISXCCS001 Provide quality service (\$90.50) SISXIND001 Work effectively in sport, fitness and recreation environments (\$90.50) BSBRSK401 Identify risk and apply risk management processes (\$181.00) HLTWHS001 Participate in workplace health and safety (\$72.40)	FSW312	0.083	18/01/2020 3/02/2020 14/03/2020 6/04/2020 30/05/2020 9/06/2020 18/07/2020 3/08/2020 19/09/2020 5/10/2020 16/11/2020	25/01/2020 10/02/2020 21/03/2020 13/04/2020 6/06/2020 16/06/2020 25/07/2020 19/09/2020 26/10/2020 12/10/2020 23/11/2020	17/04/2020 3/05/2020 12/06/2020 5/07/2020 28/08/2020 6/09/2020 16/10/2020 1/11/2020 18/11/2020 3/01/2021 14/02/2021	\$597.50	\$27.25 \$54.30 \$45.25 \$45.25 \$90.50 \$36.20
Exercise Instruction & Programming SISFFIT003 Instruct fitness programs (\$171.00) SISFFIT007 Instruct group exercise sessions (\$273.00) SISFFIT011 Instruct approved community fitness programs (\$136.40) SISXFAC001 Maintain equipment for activities (\$17.10)	EIP313	0.083	18/01/2020 3/02/2020 14/03/2020 6/04/2020 30/05/2020 9/06/2020 18/07/2020 3/08/2020 19/09/2020 5/10/2020 16/11/2020	25/01/2020 10/02/2020 21/03/2020 13/04/2020 6/06/2020 16/06/2020 25/07/2020 19/09/2020 26/10/2020 12/10/2020 23/11/2020	17/04/2020 3/05/2020 12/06/2020 5/07/2020 28/08/2020 6/09/2020 16/10/2020 1/11/2020 18/11/2020 3/01/2021 14/02/2021	\$597.50	\$85.50 \$136.50 \$68.20 \$8.55
Programming for Specific Populations SISXDIS001 Facilitate inclusion for people with a disability (\$62.80). SISFFIT014 Instruct exercise to older clients (\$219.70) SISFFIT002 Recognise and apply exercise considerations for specific populations (\$315.00)	PSP314	0.083	18/01/2020 3/02/2020 14/03/2020 6/04/2020 30/05/2020 9/06/2020 18/07/2020	25/01/2020 10/02/2020 21/03/2020 13/04/2020 6/06/2020 16/06/2020 25/07/2020	17/04/2020 3/05/2020 12/06/2020 5/07/2020 28/08/2020 6/09/2020 16/10/2020	\$597.50	\$31.30 \$109.85 \$157.50

			3/08/2020 19/09/2020 5/10/2020 16/11/2020	19/09/2020 26/10/2020 12/10/2020 23/11/2020	1/11/2020 18/11/2020 3/01/2021 14/02/2021		
Course Total and EFTSL Course Total	0.331				\$2490		

Name of Course		Certificate IV in Fitness SIS40215 (Domestic)						
Delivery location		Sydney, Melbourne and Brisbane						
Delivery mode		On Campus Day, On Campus Weekend						
Intakes		10 intakes per year (pending course viability, campus and mode of delivery)						
Effective		2 nd February 2020 to 31 st December 2020						
Unit of Study		Unit of Study Code	EFTSL	Comm Date	Census Date	Comp Date	Tuition Fee	RPL VET
Trimester 1								
Advanced Screening & Scope of Practice		ASP410A	0.083	29/01/2020	5/02/2020	29/07/2020	\$423.75	\$56.00
SISFFIT015 Collaborate with medical and allied health professionals in a fitness context. (\$112.00)				22/02/2020	27/02/2020	22/08/2020		
SISFFIT016 Provide motivation to positively influence exercise behaviour (\$85.00)				4/03/2020	11/03/2020	2/09/2020		
SISFFIT018 Promote functional movement capacity (\$85.00)				2/05/2020	9/05/2020	31/10/2020		
SISFFIT025 Recognise the dangers of providing nutrition advice to clients. (\$29.75)				6/05/2020	13/05/2020	4/11/2020		
SISFFIT026 Support healthy eating through the Eat for Health Program (\$112.00)				1/07/2020	8/07/2020	30/12/2020		
				4/07/2020	11/07/2020	2/01/2021		
				2/09/2020	9/09/2020	3/03/2021		
		17/10/2020	24/10/2020	17/04/2021				
		4/11/2020	11/11/2020	5/05/2021				
Personal Training Essentials		PTE411A	0.083	29/01/2020	5/02/2020	29/07/2020	\$423.75	\$33.83
SISFFIT017 Instruct long-term exercise programs (\$67.65)				22/02/2020	27/02/2020	22/08/2020		
SISFFIT024 Instruct endurance programs (\$67.65)				4/03/2020	11/03/2020	2/09/2020		
SISXCAI005 Conduct individualised long-term training programs. (\$73.95)				2/05/2020	9/05/2020	31/10/2020		
SISFFIT020 Instruct exercise programs for body composition goals (\$61.50)				6/05/2020	13/05/2020	4/11/2020		
SISFFIT021 Instruct personal training programs (\$86.00)				1/07/2020	8/07/2020	30/12/2020		
SISFFIT019 Incorporate exercise science principles into fitness programming (\$67.00)				4/07/2020	11/07/2020	2/01/2021		
				2/09/2020	9/09/2020	3/03/2021		
		17/10/2020	24/10/2020	17/04/2021				
		4/11/2020	11/11/2020	5/05/2021				

Group Personal Training SISFFIT023 Instruct group personal training programs (\$228.00) SISXRES001 Conduct sustainable work practices in open space (\$195.75)	GPT412	0.083	29/01/2020	5/02/2020	29/07/2020	\$423.75	\$114.00
			22/02/2020	27/02/2020	22/08/2020		
			4/03/2020	11/03/2020	2/09/2020		
			2/05/2020	9/05/2020	31/10/2020		
			6/05/2020	13/05/2020	4/11/2020		
			1/07/2020	8/07/2020	30/12/2020		
			4/07/2020	11/07/2020	2/01/2021		
			2/09/2020	9/09/2020	3/03/2021		
			17/10/2020	24/10/2020	17/04/2021		
			4/11/2020	11/11/2020	5/05/2021		
Exercise for Young People SISFFIT013 Instruct exercise to young people aged 13-17 years (\$293.36) SISXCCS003 Address client needs (\$32.60) SSSSPT303A Conduct basic warm up and cool down programs (\$97.79)	EYP413	0.083	29/01/2020	5/02/2020	29/07/2020	\$423.75	\$146.68
			22/02/2020	27/02/2020	22/08/2020		
			4/03/2020	11/03/2020	2/09/2020		
			2/05/2020	9/05/2020	31/10/2020		
			6/05/2020	13/05/2020	4/11/2020		
			1/07/2020	8/07/2020	30/12/2020		
			4/07/2020	11/07/2020	2/01/2021		
			2/09/2020	9/09/2020	3/03/2021		
			17/10/2020	24/10/2020	17/04/2021		
			4/11/2020	11/11/2020	5/05/2021		
Trimester 2							
Advanced Screening & Scope of Practice SISFFIT015 Collaborate with medical and allied health professionals in a fitness context. (\$112.00) SISFFIT016 Provide motivation to positively influence exercise behaviour (\$85.00) SISFFIT018 Promote functional movement capacity (\$85.00) SISFFIT025 Recognise the dangers of providing nutrition advice to clients. (\$29.75) SISFFIT026 Support healthy eating through the Eat for Health Program (\$112.00)	ASP410B	0.083	29/01/2020	5/02/2020	29/07/2020	\$423.75	\$56.00
			22/02/2020	27/02/2020	22/08/2020		
			4/03/2020	11/03/2020	2/09/2020		
			2/05/2020	9/05/2020	31/10/2020		
			6/05/2020	13/05/2020	4/11/2020		
			1/07/2020	8/07/2020	30/12/2020		
			4/07/2020	11/07/2020	2/01/2021		
			2/09/2020	9/09/2020	3/03/2021		
			17/10/2020	24/10/2020	17/04/2021		
			4/11/2020	11/11/2020	5/05/2021		

Personal Training Essentials SISFFIT017 Instruct long-term exercise programs (\$67.65) SISFFIT024 Instruct endurance programs (\$67.65) SISXCAI005 Conduct individualised long-term training programs. (\$73.95) SISFFIT020 Instruct exercise programs for body composition goals (\$61.50) SISFFIT021 Instruct personal training programs (\$86.00) SISFFIT019 Incorporate exercise science principles into fitness programming (\$67.00)	PTE411B	0.083	29/01/2020	5/02/2020	29/07/2020	\$423.75	\$33.83
			22/02/2020	27/02/2020	22/08/2020		
			4/03/2020	11/03/2020	2/09/2020		
			2/05/2020	9/05/2020	31/10/2020		
			6/05/2020	13/05/2020	4/11/2020		
			1/07/2020	8/07/2020	30/12/2020		
			4/07/2020	11/07/2020	2/01/2021		
2/09/2020	9/09/2020	3/03/2021					
17/10/2020	24/10/2020	17/04/2021					
4/11/2020	11/11/2020	5/05/2021					
Business Essentials for Personal Training BSBSMB401 Establish legal and risk management requirements of small business (\$298.00) BSBSMB403 Market the small business (\$256.75) BSBSMB404 Undertake small business planning (\$206.75) BSBSMB420 Evaluate and develop small business operations (186.00)	BPT414	0.166	29/01/2020	5/02/2020	29/07/2020	\$947.50	\$149.00
			22/02/2020	27/02/2020	22/08/2020		
			4/03/2020	11/03/2020	2/09/2020		
			2/05/2020	9/05/2020	31/10/2020		
			6/05/2020	13/05/2020	4/11/2020		
			1/07/2020	8/07/2020	30/12/2020		
			4/07/2020	11/07/2020	2/01/2021		
2/09/2020	9/09/2020	3/03/2021					
17/10/2020	24/10/2020	17/04/2021					
4/11/2020	11/11/2020	5/05/2021					
CoursTotal and EFTSL Course Total		0.662				\$3490	